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Preparation of Eco-friendly cosmetics & medicines by extraction of valuable essential oils and waters from flora

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ABSTRACT

Nature is an ultimate gift given by the God. The things which we get from nature are eco-friendly and less harmful. Nature is the most beautiful and it has ability to make everyone like itself. By using eco-friendly cosmetics and medicines not only we can protect our skin and body from toxic materials but also we can get better results. We line our eyes, coat our faces and cover our lips. We may absorb five pound of toxic chemicals a year from our beauty products and they are going straight into blood streams and may produce very harmful and bad effects. Modern medicines are necessary when we fall ill which may decrease our body's resistance power and results in weak immunity system. An essential oil is concentrated, hydrophobic liquid containing volatile aroma compounds from plants and is "Essential" in the sense that it carries a distinctive scent or essence of the plant.

Keywords: Eco-friendly cosmetics and medicines, Essential oil and water, Toxic chemicals, weak immunity system.
