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Ficus racemosa Linn.: A Comprehensive Review

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ABSTRACT

Ficus racemosa Linn. syn. Ficus glomerata Roxb. (Family - Moraceae) is a large deciduous tree dispersed all over India which is generally known as Gular, Gular fig, Cluster fig or Country fig. It is a sacred tree of Hindus and Buddhists. All parts of this plant (leaves, fruits, bark, latex, and sap of the root) are medicinally significant in a variety of treatments such as diabetes, diarrohoea ulcers, stomachache, piles, skin diseases, dysentry and as carminative etc. Among various pharmacological properties, Ficus Racemosa Linn imparts vital role as anti-oxidant, anti cancer, antidiuretic, anti bacterial, anti-inflammatory, memory enhancing and gastro-protective agent etc. In this review, emphasis is lead upon research associated to therapeutic properties, phytochemistry and pharmacological profile of Ficus racemosa Linn.

Keywords: Ficus racemosa Linn., Gular, antidiuretic, carminative, gastro-protective.