



Assessment of Serum Iron and Transferrin among Sudanese Cigarette Smoker in Khartoum state, Sudan

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ABSTRACT

Smoking is a practice in which a substance, most commonly tobacco or cannabis is burned and the smoke tasted or inhaled. The most common method of smoking today is through cigarettes. Tobacco use leads most commonly to diseases affecting the heart and lungs, with smoking being a major risk factor for heart attacks, strokes, chronic obstructive pulmonary disease (COPD), emphysema, and cancer. It also causes peripheral vascular disease and hypertension, all developed due to the exposure time and the level of dosage of tobacco.

Keywords: Transferrin, Serum iron, Smoker, Sudanese.
